

## MEETING IN POLAND

30.11. – 4.12. 2015 (1<sup>st</sup> draft programme)

### 30.11. 2015 (Monday) - A TASTE OF SCHOOL

time	content	students	teachers
14.00 – 15.00	<b>Registration at the school hall</b> – coffee and poppy cake	✓	✓
15:00 – 16:00	Getting to know the school. Quiz about Poland	✓	✓
16:00 – 17:00	<b>Lecture: Good or bad calories</b>	✓	✓
17:00 - ...	Special omens afternoon “Andrzejki” for both teachers and students. It is a polish tradition of that day. We pour hot wax and fortell the future. You will also try some rural polish food.	✓	✓

### 1.12. 2015 (Tuesday) - A TASTE OF SCIENCE

time	Content	students	teachers
8.30 – 10.30	Guided tour of Leszno – getting to know the city Welcome of the Mayor of Leszno in Town Hall	✓	✓
11.30 – 13.00	Parallel run of two <b>WORKSHOPS</b> (separate for grammar and secondary schools)		
Grammar school	Detection of different ingredients in food /Qualitative/ Enzymatic reactions with food – oxidase and catalyse /Qualitative and Quantitative/	✓	Observes/ active involved in exp. work (option 1)  Visit regular classes (option 2)
High school	Investigation 1: To what extent is kitchen salt absorbed by vegetables during cooking ? / Quantitative – titration / Investigation 2: Is every salt iodised? /Qualitative/	✓	
13.00 – 14.00	<b>LUNCH</b> at the school canteen		
14.00 – 15.30	Parallel run of two <b>WORKSHOPS</b> (separate for grammar and secondary schools)		
Grammar school	All together: Simple and healthy home-made cosmetics.	✓	Free time / active involved in exp. work
High school		✓	

16:00	First meeting for teachers + evaluation of the day. Discussion about dyes denomination booklet		✓
18:00	Dinner at Zielona Anresola in the city center		✓

### 2.12. 2015 (Wednesday) – CONFERENCE DAY

time	content	students	teachers
8:30	Opening of the conference. Few words about our Erasmus	✓	✓
9:00	8 min presentations about good and bad heating habits In 7 different countries. Students and / or teachers delegations will present it.	✓	✓
10:00	Break (activities in the hallway)	✓	✓
10:15	<b>LECTURE 1</b> :Intestine – our second brain dependent on heating habits – Prof. Pawel Kafarski	✓	✓
11:00	<b>LECTURE 2</b> : title still not known	✓	✓
11:45	Break (activities in the hallway)	✓	✓
12:00	<b>LECTURE 3</b> : Sporty lifestyle as an element of Human evolution – Michał Jezierski - student of II Liceum Ogólnokształcące	✓	✓
12:25	<b>LECTURE 4</b> : Long-living diet – Kacper Pluskota - student of II Liceum Ogólnokształcące	✓	✓
12:50	Break (activities in the hallway)	✓	✓
13:10	Kitchen Art – presentation of the Profesional Cook (hopefully we will find someone)	✓	✓
13:30	Thanks and finishing the conference. Common photograph.	✓	✓
14:00 – 15:00	<b>LUNCH</b> at the school canteen		
15:00 - 16:00	Teachers' meeting + evaluation of the day.		✓
18:00 – 19:00	Old and not old, animated English spoken films in presentation in the city centre.		

### 3.12. 2015 (Thursday) - A TASTE OF WrocLOVE – city of Dwarfs

time	content	students	teachers
8:00	We leave with the bus from the school. The bus is paid by II Liceum Ogólnokształcące.	✓	✓
9:30 – 11:00	We visit Heinz Company producing ketchup (all students should have parents paper permission for visiting the factory)	✓	✓
11:00 – 12:30	We travel do Wrocław city centre	✓	✓
12:30 – 13:30	Sightseeing the city centre, looking for dwarfs.	✓	✓
14:00 -16:00	Free time possibility to visit one of the biggest Christmas Market - Lunch time – students eat lunch with their teachers.  <a href="http://www.jarmarkbozonarodzeniowy.com/">http://www.jarmarkbozonarodzeniowy.com/</a>	✓	✓
16:30 – 17:30	Lollipop workshop (that cost 20 PLN per person (the same price for teachers and students) which is about 5 Euro, I will collect money on Tuesday)  <a href="http://www.slodkieczarymary.pl/en/for-groups">http://www.slodkieczarymary.pl/en/for-groups</a>	✓	✓
18:00 – 20:00	We come back to the bus and we travel to Leszno.	✓	✓

### 4.12. 2015 (Friday) - A TASTE OF SPEEDWAY

time	content	students	teachers
8.30 – 9:30	<b>Visit in the speedway club in Leszno.</b> Meeting with competitor(s). Seeing the speedway race facilities although there are no races at that time they will do their best.	✓	✓
10:00 – 11:00	<b>LECTURES</b> provided by students of II Liceum Ogólnokształcące (presentations of their individual investigations connected with food)	✓	✓
11:00 – 12:00	<b>Evaluation questionnaire</b> and certificates	✓	✓
12:00 - ...	Coffee and cake together / free time for shopping and packing – YOU CHOOSE ☺ You may eat lunch at school canteen if you wish. <b>Saying goodbye and see you in Turkey.</b>	✓	✓